

Monovo is your Utah-based partner for virtual and in-home healthcare — from everyday needs to long-term support, we're here to help you stay healthy, on your terms.

### **Benefits**

- Ongoing care for chronic conditions to prevent setbacks and ER visits
- Virtual or in-home visits, scheduled when it works for you
- Whole-person care for both physical and mental health
- Access to most common medications for free
- 6 Local Utah team that understands your community

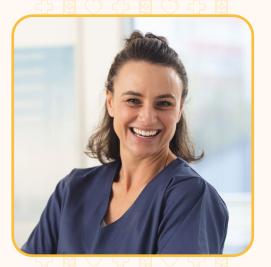
# Care that works for you



## **Direct Primary Care**

#### **Everyday care delivered**

- Virtual and in-home visits from Monovo providers
- Preventive, chronic, and everyday care available
- Seamless referrals to Monovo specialists



## **Ongoing Nurse Support**

#### Support for chronic conditions

- Wearables track key health data
- Nurses monitor changes and check in regularly
- Coaching and early action to prevent complications



## **Physical Therapy**

#### At-home physical therapy support

- Virtual sessions tailored to your recovery goals
- Programs for joint, muscle, or injury-related pain
- Helps reduce ER visits, imaging, and opioid use



### **Brain Health**

#### Support for cognitive and mental health

- Brain health assessments reviewed by our clinical team
- Early detection and support of issues like stress, anxiety, and depression
- Ongoing care and support from nurses and mental health specialists

## **App & Wearables**

When prescribed, your data can be collected and shared with your healthcare provider to provide valuable insights









Chest Sensor



**BP** Monitor



# Ready to get started?

- 1. Scan the QR code
- 2. Fill out the interest form
- 3. Monovo will reach out to schedule





@monovo.care